TRS Virtual Health



Convenient, Quality Health Care from Home or On The Go

cold and flu

allergies

acute illnesses

asthma

mental health services*

skin issues

muscle strains

respiratory infections

digestive problems

Teladoc®

1-855-Teladoc

(1-855-835-2362)



Mental Health visits subject to additional cost

\$0 mental health copay

for TRS-ActiveCare Primary and TRS-ActiveCare Primary+ plans

RediMD™

1-866-989-CURE

(1-866-989-2873)

Registration Code: trsactivecare



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^{*}Only available through Teladoc

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